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**Attorneys & Emotional Resilience** 

## **6 Steps to Help Lawyers Learn Emotional Resilience**

Pessimism. Isolation. Perfectionism. Whether by nature, by training, or both, all of these are typical components of the lawyer mindset, writes Link Christin, executive director of the Legal Professionals Program at Caron Treatment Centers. That doesn't exactly sound healthy?but the good news is, lawyers can take a big step toward increased well-being by learning emotional resilience. How? At Attorney at Work, Christin?who is an attorney as well as a certified drug and addiction counselor and a therapist?offers six practical steps.

## **Legal Services Provider Axiom Intends to Go Public**

Last week, alternative legal services provider Axiom began the official process of applying for an IPO and going public. In order to take this step, the company first needed to spin off its data analytics arm Knowable and its legal solutions platform Axiom Managed Solutions, according to law.com. Learn more about this application and about how it fits in the context of other recent legal market developments in both the United States and United Kingdom.

## **Are Changes Coming to Iowa's Judicial Selection Process?**

For almost 50 years, other states have looked to Iowa for a model of how to choose judges other than via partisan elections. Instead, in a system that has been adopted or adapted by about three dozen other states, judges in Iowa are nominated by a panel of citizens and lawyers and then appointed by the governor. Now, however, leaders in the Iowa House and Senate?aiming to quell what they describe as judicial activism?have proposed decreasing the role of attorneys on the judicial nominating panel. AP News has more information about the Iowa proposal and similar efforts in at least three other states.

## \$1 Million Donation to Help Law School Become Leader in Disability Access, Inclusion

Former U.S. House Rep Tony Coelho, the primary sponsor of the first version of the Americans with Disabilities Act, has donated \$1 million for a disability group housed at a law school in Los Angeles. The Coelho Center for Disability Law, Policy, and Innovation will work with all seven schools at Loyola Marymount University. The Loyola Law School is planning disability-focused pipeline initiatives and a national dialogue on barriers to access, and hopes to position itself as a leader in providing accommodations for law students who have disabilities. Besides his \$1 million donation, Coelho, who has epilepsy, fundraised another \$3 million for the new center. Find out more at ABA Journal.



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